

VICTOR VICUNA'S ACTIVITIES

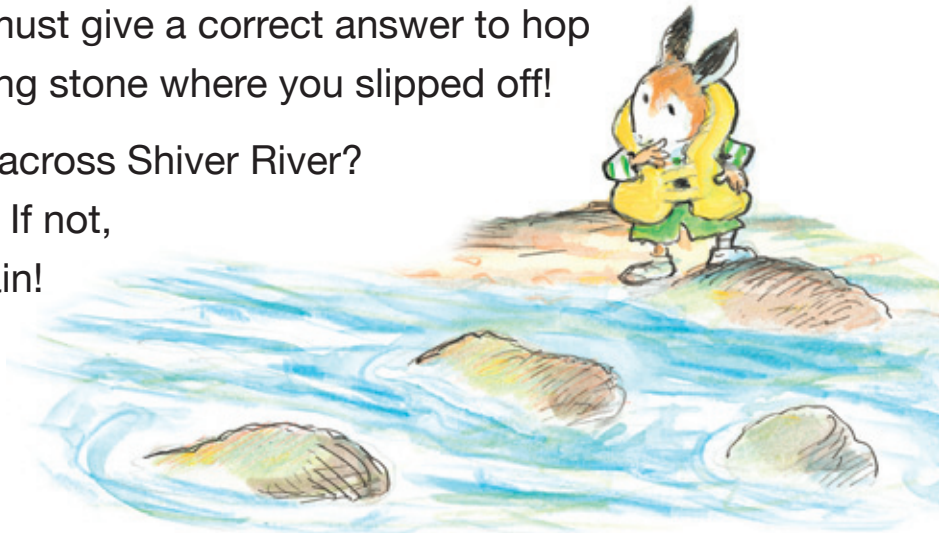
CROSSING SHIVER RIVER!

- 🌰 Place 6 pieces of paper on the floor. (Use paper or envelopes from the recycling bin!) These papers are the “stepping stones” you will use to cross Shiver River.
- 🌰 Print page 2 with 12 game cards. The cards have pictures of some words that contain the **v** sound and some words that don't! Color the cards if you like. Then cut them out.
- 🌰 Mix up the game cards and turn them all face down in a stack.

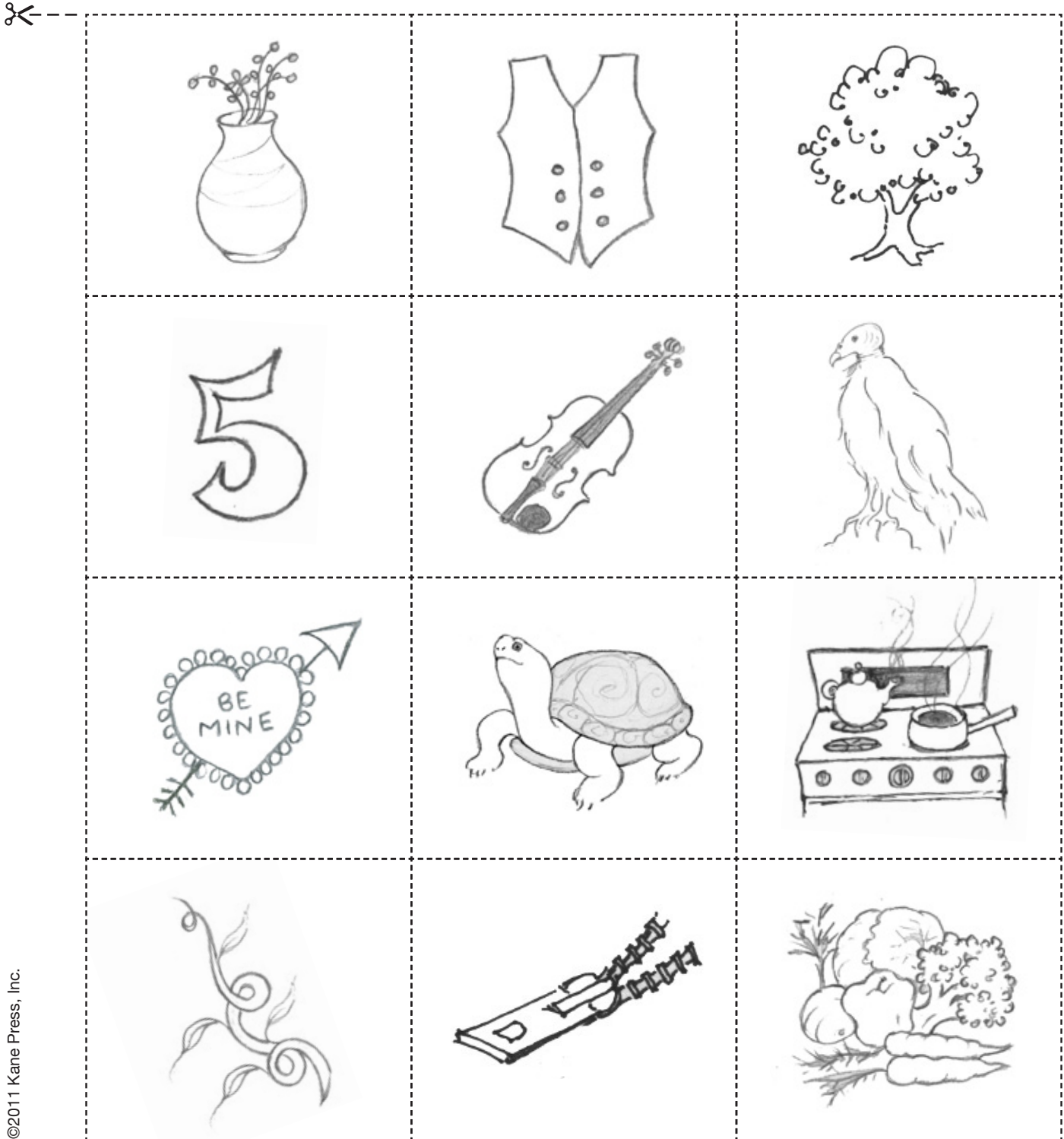
Now you're going to see if you can safely cross Shiver River! *(Be sure to put on your imaginary boots . . . in case you step in the water!)*

- 🌰 Draw the first card. Say the word for the picture.
 - If it has a **v** sound at the beginning, move forward 1 stepping stone.
 - If it has a **v** sound at the end, move backward 1 stone.
 - If it doesn't have a **v** sound, stay where you are.
 - If you give an incorrect answer, you step off the stone and stand in the river! Now you must give a correct answer to hop back up on the stepping stone where you slipped off!

Did you make it all the way across Shiver River?
If so, CONGRATULATIONS! If not,
dry off your feet and try again!






For use with CROSSING SHIVER RIVER!



(Pictures: vase, vest, tree, five, violin, vulture, valentine, turtle, stove, vine, zipper, vegetables)

VICTOR VICUNA'S VACATION PHOTO ALBUM

-  Print page 4, **Victor Vicuna's Vacation Photo Album**. You will see pictures Victor's mom took of Victor, his dad, Nevva Moore, and Verna Aardvark. You will also see pictures of some of the exciting places Victor's family visited on their vacation!
-  Pretend you are Victor Vicuna. Dictate or write descriptions of each of the pictures on the lines below each one.
-  Now share your album with a friend. Tell your friend about each of the pictures your mom took on your vacation!



For use with VICTOR VICUNA'S VACATION PHOTO ALBUM!















Hi, kids!

This recipe is for my very favorite veggie frittata. Have a slice and you'll be ready for a volcano adventure!



Your pal,
Victor Vicuna

VICTOR VICUNA'S VEGGIE FRITTATA

(Remember! Ask an adult for permission and help before you start.)

Makes 8 servings.

Preheat oven to 350 degrees Fahrenheit.

Grease sides and bottom of 9-inch pie plate with olive oil.


Grate and set aside:

 1 cup low-fat cheddar cheese

Simmer until barely tender, about 20 minutes:

 2 small red potatoes (with skins)

Simmer until barely tender, about 4 minutes:

 2 cups broccoli, cut in small pieces

Stir-fry until barely tender, about 5 minutes:

 2 Tablespoons extra-virgin olive oil

 1 medium onion, chopped

 2 cloves garlic, minced

 1/2 red bell pepper, chopped

 1 small zucchini, grated


 salt and pepper to taste

Cut red potatoes into small pieces and spread in pie plate.

Spread broccoli on top of potatoes.

Drain and spread stir-fried veggies on top of broccoli.

Chop and sprinkle over top of veggies:

 1/3 cup fresh basil or 2 teaspoons dried basil.

Spread cheese on top of veggies.

Whisk together well:

 6 large eggs

 1 cup reduced-fat biscuit mix

Pour over veggies and cheese in pie plate.

Sprinkle over top of frittata:

 1/4 cup grated Parmesan cheese

Bake at 350 degrees Fahrenheit for 45 minutes.

Enjoy!



Be sure to put this recipe in your Animal Antics recipe folder!

NOTE TO PARENT/TEACHER: Make sure children are not allergic to any of the ingredients in this recipe.